



Julian Erhart

ATHLETIC TUTOR · SPORTS & YOUTH MENTOR

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- 04.05.1992
- Austrian

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PROFILE

Former **professional footballer** and long-standing tennis coach with extensive experience in movement therapy from the private clinic sector in Liechtenstein. Member of the European Association of Positive Psychology. Specialised in combining elite athletic precision, therapeutic health promotion and mental character development for children and young people. Utmost discretion, first-class etiquette and a strong commitment to service excellence, formed over years in the luxury segment.

EXPERIENCE

● Private Sports Mentor & Tennis Coach

Self-employed · Zurich, Triesenberg, Switzerland, Liechtenstein

05/2024 — PRESENT

- **Individual athletic and movement coaching:** tailored training for children and young people, focused on tennis and football.
- **Game-based training concepts:** methods that build a lasting, intrinsic joy of movement and play.
- **Mental coaching:** psychological techniques for resilience, fair play and self-discipline.

● Movement Therapist & Hospitality

Clinicum Alpinum · Triesenberg, Liechtenstein

07/2024 — PRESENT

- **Therapeutic movement work** in a private clinical setting, closely aligned with the medical and psychological team.
- **Guest care in the luxury segment:** discretion, etiquette and service quality at the highest level.

● Professional Footballer

SCR Altach · Altach, Austria

06/2010 — 06/2014

- **Professional contract:** 82 appearances for the first team in the Austrian second division.
- **National team:** call-ups to the Austrian FA youth national teams, U18 and U19.
- **Consistency:** 350 matches across senior amateur and regional leagues.

EDUCATION

Football Academy Vorarlberg

Bregenz, Austria

07/2006 — 05/2010

Business College Bregenz

Bregenz, Austria

09/2007 — 07/2010

Matura (A-levels)

Adult Education Centre Götzis

01/2012 — 06/2014

CERTIFICATES

Positive Psychology

European Association of Positive Psychology

10/2025

Tennis Instructor

Federal Sports Academy Innsbruck

09/2024

SKILLS

Tennis & Football

Movement therapy

Positive mentoring

Coordination & prevention

Character building

Communication

LANGUAGES

German



Native

English



Professional

GOAL & VISION

To guide children and young people through holistic athletic mentorship that combines the precision of elite sport with mental strength and health prevention.

The foundation and driver is the **intrinsic joy of play**: lasting progress, real discipline and resilient nerves only grow where enthusiasm leads the way. Sport is the tool, not the purpose.